**Tomen y Mur**

**Distance:** 4 miles / 6.5 km  
**Time:** Around 3 hours  
**Grade:** Moderate Leisure Walk  
**Start/Finish:** Car park near Trawsfynydd Nuclear Power Station  
**Grid Reference:** SH 697 384

**Terrain:** Fields & some rough wet terrain. (Wear appropriate footwear).

**Map:** OS Explorer OL18 (Harlech, Porthmadog & Bala)  
**Parking:** Car park near Trawsfynydd Nuclear Power Station

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**How to get there?**  
On the A470 from Blaenau Ffestiniog to Trawsfynydd, turn right into Trawsfynydd Nuclear Power Station and after about 100m, turn right into a car park.

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**About this walk**

This circular walk will lead you from the shores of the man-made reservoir, Llyn Trawsfynydd, and across farmland to the most fascinating feature of the walk, the Roman fort of **Tomen y Mur**. Tomen y Mur is one of the most interesting archaeological sites in Snowdonia, and is one of the most complete Roman military settlements in Britain. The fort is situated on a hillside at the cross roads of four Roman roads with commanding views of the local area. It was constructed in AD 78 by Gnaeus Julius Agricola, a Roman general responsible for much of the Roman conquest of Britain, to maintain order amongst the native Celts and protect road communications.

The walk starts from the entrance to the **Trawsfynydd Nuclear Power Station**. Construction of the Power Station started in 1959 and the two reactors were in operation from 1965 to 1991. The lake provided cooling water when the reactors were operational. The Power Station is now in the process of being decommissioned.

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www.snowdonia-npa.gov.uk

Snowdonia National Park Authority, National Park Office, Penrhynedd, Gwynedd LL48 6LF  
Telephone: 01766 770274
From the car park near the Trawsfynydd Nuclear Power Station, turn left along the road and then turn right. Walk between the wooden cafe and the old club house building towards the far end of the car park. Follow the cycle path for just over a mile until you reach the A470 main road.

Cross the A470 main road taking extreme care as this road can be very busy. Walk ahead along the minor road for about 50 meters until you see a bridge on your left.

Walk over the bridge, and follow the footpath heading through two gates. At the tarmac road, turn right and follow this road for 300 meters until you reach the old railway bridge.

Cross the bridge, and turn left by the Public Footpath sign. Make your way uphill along the track and in 200 meters head through a gate. Keep following the track heading through another gate. As you reach a bend follow the track uphill in the direction of the pylon in front of you.

Take care as you walk down from Tomen y Mur. Head down to see the reconstruction of the Roman fort and walk through the derelict farmhouse noting the amazing fireplace.

Head over the stile and walk through the tunnel under the old railway line. Climb the steps onto a lay by on the A470. Taking extreme care, cross the road, turn left and walk along the pavement. Turn right towards the Power Station and walk back to the car park.